



Out of sight Out of mind

W: www.netangel.org - YouTube: netangel channel - Facebook: netangel group - W: www.btogether.org.uk

Safer Internet Day, 2024

This year's theme for Safer Internet Day is 'Inspiring Change.' <u>Read more</u>

Concerns about online safety can leave parents/carers feeling stressed and sometimes overwhelmed especially when they are faced with, what feels like, a tsunami of news stories and reports about the exponential increase in the number of children facing online harms.

Thankfully, the Online Safety Act has come into effect (more on that in next month's issue). From 31st January 2024 criminals can face up to five years in prison for demeaning and dangerous online actions, including:

- Cyberflashing to cause distress or gain sexual gratification
- Epilepsy-trolling
- Intimate image abuse including deepfakes
- False and threatening communications
- Encouraging or assisting serious selfharm

Read more

Introducing Angela Loveridge, founder of Better Together.

If you are a parent who feels concerned, or maybe even anxious about the issues that online safety is throwing up for you then consider reaching out to Angela.

- Better Together offers: Workshops to raise awareness of the mediation options available that they can put in place.
- Coaching sessions for parents who have online safety concerns.
- A coaching programme which will enable parents to help to keep those conversations going calmly over time.

Workshops

Angela empowers parents to create online safety strategies by delivering interactive workshops which signpost them to practical online safety tools, techniques and resources so that they can keep their children safe online.

Coaching Sessions

Angela provides one to one support to help parents to explore and evaluate the mediation options that are available so they can pick and choose those that align with their parenting styles and with the unique needs of their child(ren).

Coaching Programme

As a Certified Positive Intelligence[®] Coach, taking parents/carers through the coaching programme paves the way to maintaining open channels of communication between parents and their children. This helps to ensure that their child(ren) develops the skills they need to make their own informed decisions as they transition through childhood into adulthood, navigating their way through their online lives with increasing confidence.

Awareness of parents with additional needs

Although Angela works with a variety of parents with a wide range of issues and concerns she is especially passionate about helping parents who need additional support including:

- Parents of children who have special educational needs and disabilities (SEND), and also
- Parents who are survivors of child sexual abuse (CSA) themselves.

About Angela

As a mum of two with a Masters degree in Information Technology, Angela's innate interest in both parenting and technology have combined to create an genuine passion for online safety. This passion, to support adults who have

a responsibility to keep children safe, has led to:

- being nominated for the NSPCC/AoCPP award for Child Protection Trainer of the Year (2018) and
- becoming the inaugural winner of the

Tim Marsh Memorial 'Tech for Good' Award, 2023.

Angela also has:

- an EPICT Licence (an internationally recognised qualification that acknowledges the online safety expertise of professionals)
- an "Excellence in Safeguarding" qualification
- an Advanced DBS
- attended a Home Office approved PREVENT Awareness Training Course

Communication is the key

Angela Loveridge promotes the importance of keeping the channels of communication open between parents and their children. Her TICK TOCK approach to online safety was developed to encourage this. <u>Click here to</u> <u>watch the animation</u>

Better Together and Netangel

Better Together works collaboratively with Netangel to produce this monthly blog.

Netangel is passionately committed to empowering parents and guardians in protecting their children's digital wellbeing and safety online. Our service offers comprehensive, easy-to-follow How To Guides for setting up parental controls across various Apps, Smart Devices, and Game Consoles. Crafted by parents for parents, our tutorials cater to all levels of tech confidence and are easily navigable regardless of the viewer's age or experience. Plus, we're excited to offer <u>remote support services</u>, providing personalised assistance every step of the way.

Netangel has their own <u>YouTube Channel</u> hosting a video library of how-to-guides to support parents on the set up of parental controls.

