

Out of sight

Out of mind



SAVE the DATE

Safer Internet Day

2023 | Tuesday
7 February

www.saferinternetday.org

Safer Internet Day, 2023



This year's theme for Safer Internet Day is 'Want to talk about it? Making space for conversations about life online.'

Angela Loveridge, founder of Better Together, has always promoted the importance of keeping the channels of communication open between parents and their children. She even developed her [TICK TOCK](#) approach to online safety to encourage this.

Online safety can sometimes leave you feeling overwhelmed and utterly exhausted especially when you're faced with news stories that fill you with fear. For example, the Internet Watch Foundation's recent shocking revelation that the number of websites showing child sexual abuse imagery of 7-10 year olds has increased by over a 1000% (when compared to pre-covid figures) [Read More](#)

Introducing Angela Loveridge, founder of Better Together.

If you are a parent who feels frustrated, and maybe somewhat powerless, because of all the issues that online safety is throwing up for you then Angela offers:

- Workshops to raise awareness of the mediation options available that they can put in place.
- As hoc coaching sessions for parents who have online safety concerns.
- A 'Whole Family Approach' to get those awkward online safety conversations started.
- A coaching programme which will enable parents to help to keep those conversations going calmly over time.

Workshops

Angela empowers parents to create online safety strategies that align with their parenting styles and with the unique needs of their child(ren) by delivering interactive workshops to signpost them to practical online safety tools, techniques and resources so that they can keep their children safe online.

Ad hoc Coaching Sessions

She provides one to one support to help parents to explore and evaluate the mediation options that are available which may help with the particular challenges they are facing.

Whole Family Approach

Angela also helps parents go from fear of confrontation and anxiety to calmness by facilitating online safety conversations. Angela does this by providing a safe space for parents and their child(ren) to start those awkward online safety conversations calmly and constructively.

Coaching Programme

Her coaching programme paves the way to maintaining open channels of communication between parents and their children. This will help to ensure that their child(ren) develops the skills they need to make their own informed decisions to navigate their online lives with increasing confidence as they transition through childhood into adulthood.

Awareness of parents with additional needs

Although Angela works with a variety of parents with a wide range of issues and concerns she is especially passionate about helping parents who need additional support including:

- Parents of children who have special educational needs and disabilities (SEND), and also
- Parents who are survivors of child sexual abuse (CSA) themselves.

Parents of Children with SEND

It goes without saying that children who have SEND can be very vulnerable online. Parents of children who have SEND

have found Better Together's differing approaches particularly helpful because it gives them the ability to continually adapt their online safety strategy as their child develops.

Parents who are CSA Survivors

Survivors of child sexual abuse who become parents have the same issues and concerns as other parents however these are often intensified because of their own lived experience(s). As such, they have often benefitted from the coaching programme as it helps them to find their own inner sense of peace as they seek to protect their child(ren) from online harms.

About Angela

As a mum of two, with a MSc in Information Technology, Angela's innate interest in both parenting and technology have combined to create an absolute passion for online safety.

This passion, to support adults who have a responsibility to keep children safe, (whether they are parents, carers or professionals), has led to being nominated for the NSPCC/AoCPP award for Child Protection Trainer of the Year (2018).

Angela also has:

- an EPICT Licence (an internationally recognised qualification that acknowledges the online safety expertise of professionals who work with children and young people)
- an "Excellence in Safeguarding" qualification
- an Advanced DBS (formerly CRB)
- attended a Home Office approved PREVENT Awareness Training Course

Better Together and Netangel

Better Together works collaboratively with Netangel to produce this monthly blog. Netangel has their own YouTube Channel hosting a video library of how-to-guides to support parents on the set up of parental controls.

